

# “Taking a Year On (Not Off)”

*This isn't about taking a year off to live on the couch and mooch off your parents. Nor is it about denying the value of getting a post secondary education. This is about the possibility of taking a year after high school to learn about the world, yourself, and the direction that can take you!*



## Link Activity:

### Pre-video questions:

1. What are some of the pressures you currently feel about what to do after grade 12? (prompts: financial, academic, family history, etc.)

**TED Talk video:** <https://www.youtube.com/watch?v=bTzViNACct4>

### Post-Video questions:

2. If you had the choice of what to do after high school, eliminating all the pressures you currently feel what would you do?

**Keep scrolling for some ideas of what you could do after HWW!**

## UPGRADING

<b>Work experience/earn credits</b> (Summer off Campus-Chinook Learning)	<a href="http://www.chinooklearningservices.com/OffCampusPrograms/SummerOffCampus.html">http://www.chinooklearningservices.com/OffCampusPrograms/SummerOffCampus.html</a>
<b>High School upgrading</b>	Chinook Learning Services (students under 20 are guaranteed) at Fowler and Beaverbrook <a href="http://www.chinooklearningservices.com/HSC.html">http://www.chinooklearningservices.com/HSC.html</a>
<b>Online upgrading</b> through Alberta Distance Learning Centre	<a href="https://www.adlc.ca/">https://www.adlc.ca/</a>
<b>Summer school</b> through Chinook Learning Services	<b>Registration opens April 30th.</b> Book an appointment online to register. <b>Book Early</b> as courses can fill up. <a href="http://www.chinooklearningservices.com/SummerSchool/SumSchool10-12.html">http://www.chinooklearningservices.com/SummerSchool/SumSchool10-12.html</a>

## EMPLOYMENT

<b>Resume Help</b>	Youth Employment Centre-FREE resume building /interview skills/job search help for ages 15-24 <a href="http://www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-employment-centre/Youth-Services.aspx">http://www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-employment-centre/Youth-Services.aspx</a>
<b>Job fairs</b>	20th Annual Youth Hiring Fair-Big Four Building Stampede Park April 3rd <a href="http://www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-employment-centre/Programs-Events.aspx">http://www.calgary.ca/CSPS/CNS/Pages/Children-and-youth/Youth-employment-centre/Programs-Events.aspx</a>
<b>Calgary Stampede</b>	Job Fair Registration opens: May 1, 2018 at 9:00am Job Fair: Saturday June 2, 2018 <a href="http://corporate.calgarystampede.com/getting-involved/employment">http://corporate.calgarystampede.com/getting-involved/employment</a>
<b>Calaway Park</b>	<a href="https://www.calawaypark.com/employment/job-descriptions/">https://www.calawaypark.com/employment/job-descriptions/</a> Work and earn work experience credits

<b>Camp Counselor</b>	MRU, UofC, Telus Science Centre, Calgary Zoo, Camp Horizon, Camp Caroline, YMCA, Boys & Girls Club, Camp Fyrefly and so many more
<b>Calgary Zoo</b>	<a href="https://www.calgaryzoo.com/careers-volunteers/job-openings">https://www.calgaryzoo.com/careers-volunteers/job-openings</a>
<b>Parks Canada</b>	<a href="https://www.pc.gc.ca/en/agence-agency/emplois-jobs">https://www.pc.gc.ca/en/agence-agency/emplois-jobs</a>
<b>Apprenticeship</b>	(SAIT, NAIT etc. program dependent)
<b>Retail and Customer Service</b>	Starbucks, mall, grocery stores etc.
<b>Tourism/Service industry and Hotels</b>	Many hotels/resorts will pay for your room and board (ie. Fairmont in Banff). Pursuit-travel and tourism- work in the Rockies (Banff, Jasper, Waterton) <a href="https://www.pursuitcollection.com/careers/banff-jasper-collection/">https://www.pursuitcollection.com/careers/banff-jasper-collection/</a> Ski resorts-Lake Louise, Jasper, Sunshine, Nakiska, etc.
<b>ADDITIONAL RESOURCES AND TIPS:</b>	
<p>Youth Employment Centre          -Resume writing          -Interview Skills          -Job search  <a href="https://www.youtube.com/watch?v=CmWTG9kOYsY">https://www.youtube.com/watch?v=CmWTG9kOYsY</a></p>	

<b>VOLUNTEERING</b>	
<b>Stampede</b>	<a href="https://recruiting.ultipro.com/CAL5000CS/JobBoard/7320293f-a956-486f-91b1-02a7a0c0e0e4/?q=&amp;o=postedDateDesc">https://recruiting.ultipro.com/CAL5000CS/JobBoard/7320293f-a956-486f-91b1-02a7a0c0e0e4/?q=&amp;o=postedDateDesc</a>
<b>Animal Shelters</b>	AARCS Humane Society
<b>Mustard Seed</b>	<a href="https://theseed.ca/volunteer-calgary-faq/">https://theseed.ca/volunteer-calgary-faq/</a>
<b>Seniors residences</b>	<a href="https://www.calgaryseniors.org/volunteer-programs">https://www.calgaryseniors.org/volunteer-programs</a>
<b>Calgary Zoo</b>	<a href="https://www.calgaryzoo.com/careers-volunteers/volunteer">https://www.calgaryzoo.com/careers-volunteers/volunteer</a>

<b>Job Shadow</b>	<p>Alberta Health Services  <a href="https://www.albertahealthservices.ca/careers/page12347.aspx">https://www.albertahealthservices.ca/careers/page12347.aspx</a>          Women in Capital Markets  <a href="https://wcm.ca/events/tor-job-shadow-day1/?eID=561">https://wcm.ca/events/tor-job-shadow-day1/?eID=561</a>          For more ideas, google “Job Shadow Calgary”, also you can type in “job shadow” in job search engines like indeed.com and workopolis to see what companies are offering individually.</p>
<b>Festivals and Conventions</b>	<p>Calgary Folk Festival  <a href="http://www.calgaryfolkfest.com/volunteers/">(http://www.calgaryfolkfest.com/volunteers/</a>          Globalfest          Comic Convention</p>

## TRAVELLING

<b>Cost</b>	<p><a href="https://www.hostelworld.com/blog/travel-on-a-budget">https://www.hostelworld.com/blog/travel-on-a-budget</a>          Obviously it's all going to depend on where you go and for how long. Here's a great video on how much it cost this guy to travel for 9 months straight around the world:  <a href="https://www.youtube.com/watch?v=QNLpbVsL-NA">https://www.youtube.com/watch?v=QNLpbVsL-NA</a></p>
<b>Visa</b>	<p>Great resource for looking up VISA information for Canadians travelling to various countries:  <a href="https://www.visahq.ca/">https://www.visahq.ca/</a></p>
<b>Passport</b>	<p><a href="https://www.canada.ca/en/immigration-refugees-citizenship/services/canadian-passports/new-adult-passport/apply.html">https://www.canada.ca/en/immigration-refugees-citizenship/services/canadian-passports/new-adult-passport/apply.html</a></p>
<b>Travel Warnings/Safety</b>	<p>Take precautions and always do your research about your destination before making the final decision to go. Sometimes the timing might not be right! <a href="https://travel.gc.ca/travelling/advisories">https://travel.gc.ca/travelling/advisories</a></p>
<b>Vaccines</b>	<p>Look up the vaccine needed for your destination here:  <a href="https://travel.gc.ca/travelling/health-safety/vaccines">https://travel.gc.ca/travelling/health-safety/vaccines</a></p>

### ADDITIONAL RESOURCES AND TIPS:

- Dual Citizenship: Look into it!  
<https://www.tripcentral.ca/blog/canadian-dual-citizenship/>
- Travel destinations for first time travellers:  
<https://www.youtube.com/watch?v=Ko68K1i-zs8>
- Youtuber to follow about travelling and tips:  
<https://www.youtube.com/channel/UC4OsrYFXiISXF4vXE-elqOg>

## WORKING/VOLUNTEERING WHILE TRAVELLING

<b>TESOL</b> (travel while teaching english as a second language)	Main website: <a href="http://www.tesol.org/">http://www.tesol.org/</a> Courses in Calgary: <a href="http://www.oxfordseminars.ca/calgary-tesol-tesl-course">http://www.oxfordseminars.ca/calgary-tesol-tesl-course</a>
<b>Au Pair</b> (nanny)	<a href="https://www.aupair.com/">https://www.aupair.com/</a> Be cautious with the company, do your research to make sure you are getting paired up by a reputable organization!
<b>Volunteer</b>	Many international animal sanctuaries and farms will take you on as free labour and in exchange will pay for some or all of your room and board. You will pay for travel there but to stay is free in exchange for your labour hours: <a href="https://globalworkandtravel.com/">https://globalworkandtravel.com/</a> <a href="http://www.gointernational.ca/work-and-travel-abroad/overview.aspx">http://www.gointernational.ca/work-and-travel-abroad/overview.aspx</a> Feed the sloths in Costa Rica: <a href="https://globalworkandtravel.com/volunteer/central-america/sloth-and-wildlife-rescue-sanctuary">https://globalworkandtravel.com/volunteer/central-america/sloth-and-wildlife-rescue-sanctuary</a>
<b>Cruise Ships</b>	<a href="https://www.allcruisejobs.com/">https://www.allcruisejobs.com/</a> <a href="http://www.cruiseshipjob.com/">http://www.cruiseshipjob.com/</a> <a href="http://www.cruiselinesjobs.com/recruitment-agents/canada/">http://www.cruiselinesjobs.com/recruitment-agents/canada/</a>

### ADDITIONAL RESOURCES AND TIPS:

- Join the social media page of the place you want to volunteer/get a job with because they post updates and deadlines
- When looking for international jobs, don't trust the websites until you've done your research. Look them up, call someone on the phone, and read reviews (not just the ones on their own website).